

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
10:00am-Catholic Mass (Ch 10) 10:00am- Lutheran Church Services (Ch7) 2:00pm-Snack & Chat <small>New Year's Day</small>	10:00am- Stretching & Chair Exercise 2:30pm- Dominos	10:00am- Balloon Exercise & Music 2:30pm- Table Top Bowling	10:00am-Chair Yoga 2:30pm- Colorful Winter Creations	9:00am- BINGO! 2:30pm- "National Bird Day" : BIRD BINGO!	9:00am- Beauty Salon & Fingernail Care 10:00am- Catholic Word & Communion 2:30pm-'National Shortbread Day': Short Stories & Shortbread	10:00am- Walking Group/Morning Visits 1:30pm- Saturday Matinee & Popcorn	
10:00am-Catholic Mass (Ch 10) 10:00am- Lutheran Church Services (Ch7) 2:00pm- Snack & Chat	10:00am- Stretching & Chair Exercise 2:30pm- Monday Manicures	10:00am- Balloon Exercise & Music 1:00pm- Music By "South Texas" 🎵	10:00am-Chair Yoga 2:30pm- Card Games	9:00am- BINGO! 1:00pm- Games With Jenna!	9:00am-Beauty Salon & Fingernail Care 10:00am- Catholic Word & Communion 2:30pm- Making Winter Door Crafts	10:00am- Walking Group/Morning Visits 1:30pm- Saturday Matinee & Popcorn	
10:00am-Catholic Mass (Ch 10) 10:00am- Lutheran Church Services (Ch7) 2:00pm- Snack & Chat	10:00am- Stretching & Chair Exercise 1:30pm- Making Winter Diorama for Library Contest <small>Martin Luther King Jr. Day</small>	10:00am- Balloon Exercise & Music 2:30pm- Armchair Travel: San Francisco, Then & Now	10:00am-Chair Yoga 2:30pm- Creative Cooking: Cream Cheese Tortilla Wraps	9:00am- BINGO! 2:30pm- Nature Program & Snack	9:00am- Beauty Salon & Fingernail Care 10:00am- Catholic Word & Communion 2:30pm- Foot Soaks & Toenail Care	10:00am- Walking Group/Morning Visits 1:30pm- Saturday Matinee & Popcorn	
10:00am-Catholic Mass (Ch 10) 10:00am- Lutheran Church Services (Ch7) 2:00pm- Snack & Chat <small>Chinese New Year (Year of the Rabbit)</small>	10:00am- Stretching & Chair Exercise 2:30pm- The Price is Right: 1960's <small>Activity Professionals Week</small>	10:00am- Balloon Exercise & Music 2:30pm- Short Stories & Reminiscing	10:00am-Chair Yoga 2:30pm- Finishing Winter Diorama for Library Contest	9:00am- BINGO! 2:00pm- Music By "Campfire Kevin" <small>Australia Day (observed)</small>	9:00am- Beauty Salon & Fingernail Care 10:00am- Catholic Word & Communion 2:00pm-Sing-A-Long Music & Snack	10:00am- Walking Group/Morning Visits 1:30pm- Saturday Matinee & Popcorn	
10:00am-Catholic Mass (Ch 10) 10:00am- Lutheran Church Services (Ch7) 2:00pm- Snack & Chat	10:00am- Stretching & Chair Exercise 2:00pm- January Birthday Party!	10:00am- Balloon Exercise & Music 2:30pm- Colorful Winter Creations Turning in Winter Diorama for Library Contest	<h1>January 2023</h1> <h2>Meadow View</h2>				