

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <h1>MARCH 2024</h1> <h2>Meadow Ridge Assisted Living</h2>						
10am- Catholic Mass (Ch 10) 3 10:00am- Lutheran Church (Ch 7) 2p- Fireplace Visits	9am- Stretching & Balloon Volleyball 4 2:30pm- Monday Manicures & Fingernail Care	9:00am- Chair Exercise 5 2:30pm- Food for Thought: Brain Foods	9am- Stretching & Chair Yoga 6 1:30pm- Music by Lance	10:00am- BINGO! & Resident Council 7 2:00pm- Music by "Campfire Kevin"	9:30a- Hair Salon 1 10:00am- Catholic Word & Communion 2:30pm- Farkle!	10am- Walking Group/Morning Visits 2 1:30pm- Saturday Matinee & Popcorn
10am- Catholic Mass (Ch 10) 10 10:00am- Lutheran Church (Ch 7) 2p- Fireplace Visits <small>Ramadan Begins Daylight Saving Time Begins</small>	9am- Stretching & Balloon Volleyball 11 2:30pm- BINGO!	9:00am- Chair Exercise 12 1:00pm- Music by "South Texas"	9:45am- Spring Elections - Voting & Registration 13 2:00pm- St. Paul's Lutheran Church	10:00a- BINGO! 14 2:30pm- Creative Cooking: Pistachio Pudding Pie	9:30a- Hair Salon 15 10:00am- Catholic Word & Communion 2:30p- St. Patrick's Day Party	10am- Walking Group/Morning Visits 16 1:30pm- Saturday Matinee & Popcorn
10am- Catholic Mass (Ch 10) 17 10:00am- Lutheran Church (Ch 7) 2p- Fireplace Visits <small>St. Patrick's Day</small>	9:30am- Pet Therapy Visit With Kathy & Murphy 18 2:30pm- Monday Manicures & Fingernail Care	9:00am- Chair Exercise 19 2:30pm- First Day of Spring Craft <small>Spring Begins</small>	9am- Stretching & Chair Yoga 20 2:30pm- Jeopardy & Cookies	10:00a- BINGO! 21 1:00pm- Scenic Spring Bus Ride	9:30a- Hair Salon 22 10:00am- Catholic Word & Communion 2:30pm- Cover the Board	10am- Walking Group/Morning Visits 23 1:30pm- Saturday Matinee & Popcorn <small>Purim Begins</small>
10am- Catholic Mass (Ch 10) 24 10:00am- Lutheran Church (Ch 7) 2p- Fireplace Visits <small>Palm Sunday</small>	9am- Stretching & Balloon Volleyball 25 2:30pm- BINGO!	9:00am- Chair Exercise 26 2:30pm- Indoor Gardening & Memory Garden Planning	9a- Chair Exercise 27 2:30pm- Coloring Easter Eggs	10:00a- BINGO! 28 2:30pm- Easter Cupcake Decorating	9:30a- Hair Salon 29 10:00am- Catholic Word & Communion 2:30p- National Pita Day: Pita History & Taste Testing	10am- Walking Group/Morning Visits 30 1:30pm- Saturday Matinee & Popcorn
 31 <small>Hypertension Easter Sunday</small>	 <h3>March Birthdays</h3> <p>22nd- Muriel H 24th- Elisabeth S</p>					