

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			10a- Seated Exercise 1 1p-SCHS Pet Visit 2:30p- Snack & Chat <small>Canada Day</small>	9a- Seated Exercise 2 1pm- Creative Summer Coloring 2:30p- Snack & Chat 2:45pm- BINGO! 3:30pm- Games in the Memory Garden	9a- Hair Salon 3 11am- Chair Exercise 1:00pm- Patriotic Sing-A-Long 2:30p- Snack & Chat	
10am- Catholic Mass (Ch 10) 5 10am- Lutheran Church (Ch 7) 2:30pm- Snack & Chat	9:30am- SSM Childcare Visit 6 1pm- Crafty Corner: Flower Art 2:30p- Snack & Chat 2:45pm- Bible Study & Hymns	10a- Manicures & Nailcare 7 1p- Life Stories 2:30p- Snack & Chat 3:30pm- BINGO!	10a- Giant Kickball 8 2pm- St. Paul's Lutheran Church Service 2:30p- Snack & Chat 3:30pm- Alphabet Game	9a- Dice Games 9 1pm- Classic Movie Musical 2:30p- Snack & Chat 2:45pm- Memory Garden Visits	9a- Hair Salon 10 11am- Chair Exercise 1:00pm- Music & Puzzles 2:30p- Snack & Chat	10a- Morning Visits & Games 11 2:30pm- Popcorn
10am- Catholic Mass (Ch 10) 12 10am- Lutheran Church (Ch 7) 2:30pm- Snack & Chat	10a- Balloon Volleyball 13 1pm- Summer Craft 2:30p- Snack & Chat 2:45pm- Bible Study & Hymns	10a- Manicures & Nailcare 14 1p- Music by "WisTex" 2:30p- Snack & Chat 3:30pm- BINGO!	10a- Seated Exercise 15 1p-SCHS Pet Visit 2:30p- Snack & Chat	9a- Seated Exercise 16 1pm- Cover the Board 2:30p- Snack & Chat 2:45pm- Giant Parachute Fun 3:30p- Short Stories	9a- Hair Salon 17 11am- Chair Exercise 2pm- Music by John Ellington (@ Meadow Ridge) 2:30p- Snack & Chat	10a- Morning Visits & Games 18 2:30pm- Popcorn
10am- Catholic Mass (Ch 10) 19 10am- Lutheran Church (Ch 7) 2:30pm- Snack & Chat	9:30a- Pet Therapy with Murphy 1pm- Feel Good Fitness: Afternoon Exercise 2:30p- Snack & Chat 2:45pm- Bible Study & Hymns	10a- Manicures & Nailcare 21 1p- Rhyme Time Word Game 2:30p- Snack & Chat 3:30pm- BINGO!	10a- Creative Coloring 22 1pm- Feet Retreat: Relaxing foot soaks & Toenail Care 2:30p- Snack & Chat 3:30pm- Seated Exercise	9:30am-11:30am Scenic Summer Bus Ride 23 2:30p- Snack & Chat 2:45pm- Bean Bag Toss	9a- Hair Salon 24 11am- Chair Exercise 1:00pm- Tabletop Air Hockey 2:30p- Snack & Chat	10a- Morning Visits & Games 25 2:30pm- Popcorn
10am- Catholic Mass (Ch 10) 26 10am- Lutheran Church (Ch 7) 2:30pm- Snack & Chat	10a- Balloon Volleyball 27 1pm- July Trivia 2:30p- Snack & Chat 2:45pm- Bible Study & Hymns	10a- Manicures & Nailcare 28 1p- Memory Garden 2:30p- Snack & Chat 3pm- Music by Harpist Shari Sarazin	10a- Seated Exercise 29 1pm- Color Match Game 2:30p- Snack & Chat	9am- Giant Kickball 30 4pm-6pm Meadow Ridge Summer Family Party! ~Music, Classic Cars, Good Food~	9a- Hair Salon 31 11am- Chair Exercise 1:00pm- Memory Garden 2:30p- Snack & Chat	