October 2026

Meadow Ridge

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 10a- BINGO! 2:30p- Popcorn	2 **9a- Hair Salon** **10a- Catholic Word & Communion** **2:30p- Resident Council Meeting**	3 9:30a- Morning Visits 2pm- Games in the Parlor (Resident-led Activity) Simchat Torah Begins
4 10am- Catholic Mass (Ch 10) 10am- Lutheran Church (Ch 7) 6p- Popcorn	5 9:15a- Balloon Volleyball 1p- BINGO! 2:30p- What's the Verdict? 3:45p- Bible Study	6 9:15a- Seated Exercise **1pm - 3:30pm Bus Trip to Ski-Hi Apple Orchard**	7 9:15a- Giant Kickball & Seated Exercise **1p- Sauk County Humane Society Pet Visit**	8 10a- BINGO! **1p- Visit from St. Joseph 3rd Grade Students**	9 **9a- Hair Salon** 10:30a- Manicures & Nail Care 2:30p- Finish the Phrase	10 9:30a- Morning Visits 2pm- Games in the Parlor (Resident-led Activity)
11 10am- Catholic Mass (Ch 10) 10am- Lutheran Church (Ch 7) 6p- Popcorn	12 9:15a- Balloon Volleyball **1p- November General Election Voter Registration & Voting** 2:30p- BINGO! Indigenous Peoples' Day	13 9:15a- Seated Exercise **2p- Music by "Casey & Greg"** 5:45p- Farkle Dice Game	14 9:15a- Giant Kickball & Seated Exercise **2p- Lutheran Church Service with Yvonne from St. Paul**	15 10a- BINGO! **2pm- Music by "Campfire Kevin"** 3:30p- 'Naturally Curious' with Sue	16 **9a- Hair Salon** 2:30p- Jeopardy & Snack	17 9:30a- Morning Visits 2pm- Games in the Parlor (Resident-led Activity)
18 10am- Catholic Mass (Ch 10) 10am- Lutheran Church (Ch 7) 6p- Popcorn	19 **9:30a- Pet Therapy with Murphy & Kathy (in Activity Room)** **1p- Feet Retreat: Relaxing Foot Soaks & Nail Care** 3:30p- BINGO!	20 9:15a- Seated Exercise **2:30p- Pumpkin Decorating & Carving** 5:45p- Bible Study	21 9:15a- Giant Kickball & Seated Exercise **1p- Sauk County Humane Society Pet Visit**	22 10a- BINGO! 1p- Guess the Candy Bar! Blind Taste Test 2:30p- Autumn Crafts	23 **9a- Hair Salon** 10:30a- Manicures & Nail Care 2:30p- Halloween Trivia & Snack	24 9:30a- Morning Visits 2pm- Games in the Parlor (Resident-led Activity)
25 10am- Catholic Mass (Ch 10) 10am- Lutheran Church (Ch 7) 6p- Popcorn	26 9:15a- Balloon Volleyball 1p- BINGO! 2:30p- Creative Cooking: Pumpkin Trifle	27 9:15a- Resident-led Card Games or Puzzles in Parlor **1:15p- Scenic Autumn Bus Ride** 5:45p- Board Games!	28 9:15a- Giant Kickball & Seated Exercise 2:30p- Travelogue: Checking out the Czech Republic	29 10a- BINGO! 1p- Afternoon Chair Exercise 2:30p- Snack & Chat **6p-7p Trick-or-Treating**	30 **9a- Hair Salon** **2:30p- Halloween Costume Party!**	31 9:30a- Morning Visits 2pm- Games in the Parlor (Resident-led Activity) Halloween

Meadow Ridge Senior Living - Activities subject to change, see Lobby digital display for updates - aalmerli@elderspan.com